

Who can provide palliative care?

Palliative care is provided by a multi-disciplinary team of professionals but strongly supported by motivated volunteers in the community.

It can be available in a variety of settings – at home, in hospital, in hospice inpatient units or day hospitals.

About us

Pain Relief and Palliative Care Society is a Charitable and Non-Profitable Organization established in 2007. We are **exempted from income tax** under 80(G)(5)(vi) of Income Tax Act 1961, dated 15-09-2010, F. No: DIT (E) HYD/80G/161/ (03) 09-10.

Partner with us in making their journey worth living

- Volunteer your time
- Share your expertise
- Sponsor care of a child with an incurable disease.
- Donate to the 'food for survival' program to feed patients and their families
- Rehabilitate a family that has lost everything due to illness through education or employment
- Participate in community-based programs in villages and schools
- Fund home-based care for terminally ill patients who need medicines, transportation, or home based professional caregiver support.
- Sponsor a doctor, a social worker or a nurse with the goal to enhance the palliative care program.
- Raise awareness about palliative care and participate in fund raising initiatives

“Raising awareness is as simple as sharing this information with one more person”

Make a Donation

You can make your donations in Cash or by Cheque/DD drawn in favour of the **Pain Relief and Palliative Care Society**

Alternatively, you can also transfer the amount to **State Bank of India A/C no: 30203785111**, Bazarghat Branch, Hyderabad.

Swift Code: State Bank of India,
Secunderabad Branch- SBINNBB723
Branch code: Bazarghat, 13482

Fifty percent of the amount you transfer has an Income Tax Exemption. Please donate whatever you can. No amount is too small.

Pain Relief is a
Basic Human Right



**Pain Relief and
Palliative Care Society**
Hyderabad

Registration No. 922 / 07

Pain Relief and Palliative Care Society
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**Pain Relief and
Palliative Care Society**
Hyderabad

“You matter because you are you, and
you matter to the last moment of your life.”



There is an end to
cure;
there is no end to
care

Mission

To increase the availability and access to quality palliative care for patients with incurable illnesses and their families.

Vision

To alleviate the physical and psychosocial suffering associated with progressive, incurable illnesses.

Palliative Care – A means to end the suffering

Living with, life-limiting illnesses such as cancer, paralysis, dementia, Alzheimer's, stroke, AIDS, heart and kidney failure is usually a devastating experience. The pain and trauma, both physical and psychological, of such illness are immense, shattering the lives of children, young adults and elderly people alike. Palliative care is an emerging specialty of medicine catering specifically to the needs of patients with such chronic illnesses.

Palliative care is aimed at improving quality of life, by employing what is called **“Active Total Care”**; treating pain and other symptoms, at the same time offering social, emotional and spiritual support as mentioned below.

Management of physical symptoms

- Pain, breathlessness, vomiting, diarrhea, constipation, cough, difficulty in swallowing, hiccups, bleeding, bad smelling wound, swelling of limbs and confusion.

Management of psychosocial and spiritual issues

- Inability to cope with stress, depression, anxiety, sadness, sexual issues, anger, sleeplessness and feeling of dejection, low self esteem and isolation.

End of life care

- Preparing the patient and the family for the patients' end of life phase and making the passage easy for the patient

Bereavement support

- Supporting the family and friends during the period of grief.



I have been suffering for so long.

Can someone take away my pain?

- Mrs. Seethamma,
a patient who suffers chronic pain

“Have I done anything wrong?”

My friends don't play with me anymore.
My teacher makes me sit on
a separate bench in the class”

- Sreenu,
a 10-year-old with blood cancer

**“My doctors say, 'there is nothing more
we can do and you can go home'.**

I have a this big wound which is smelly and
always oozing. What will I do once I go home?
My family is too terrified to see the wound
and worried that it may come to them”

- Mrs Lakshmi,
a patient with cancer in the breast

**“I am waiting for the day when I don't have to
travel such a long distance to get my medicine;
the day I can get my pain medicine in my village.
I will be eternally grateful to anyone
who can help me in this.”**

- Mr. Ramulu
a patient with bone cancer

Our Activities

Rural Community-based program



Training in Palliative Care



Volunteer Participation



Patient Care

